



Founded in 1987, **Southern Valley Farms** is family owned and operated in Norman Park, Georgia.

Located in Norman Park, Georgia, **Fresh Start Produce Sales** specializes in bell peppers, green beans, squash, and corn.

- Squash is generally categorized into two types, summer and winter squash.
- The entire Squash is edible including the flesh, skin and seeds.
- Summer Squash is related to pumpkins, cucumbers and melons.
- Squash plants are pollinated by honeybees.
- ★ Squash contains vitamin A which helps our eyesight!

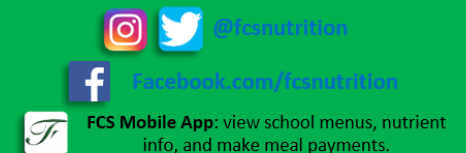
Squash



Georgia Grown Squash
served in your café
this October!



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